

Instructions for use



How to use video

Test Kit Contents (one each):



Precautions and Safety Information

- Use only the contents provided in the test kit.
- Keep the test kit and kit components away from children and pets before and after use.
- **DO NOT** drink and avoid contact of the preservative with your skin, eyes, nose or mouth.
- If contact to the body occurs, flush with copious amount of water and seek medical advice.
- Complete the test before the expiry date listed on the test kit.

SIMPLE STEPS

1 ACTIVATE
your kit online

- Scan your unique QR code



- Fill out the online form
- Choose your sample submission method

2 COLLECT
your urine sample

- **DO NOT** collect urine during menstruation
- **DO NOT** drink excessive fluid prior to urine collection

- Collect first morning urine is preferred
- Get collection materials ready
- Wash your hands thoroughly



Collect **first 90-100ml** of the urine stream to the urine collection bottle.



Empty the preservative into the urine collection bottle containing your urine sample.



Re-cap tightly the filled urine collection bottle. Gently invert **3-5 times** to mix the urine with the preservative.

⚠ Remember to add the preservative. Precipitation in the preservative is normal, please **shake well** before use.

3 PACK & RETURN
your sample

⚠ Store the sample between 15-30°C and avoid sunlight.



Fill out the sample label and paste it on the filled urine collection bottle.



Place the filled urine collection bottle into the sample bag and seal it.



Place the sealed sample bag into the outer bag and seal it.



Based on selected sample submission method, return sample **within 24 hours** after your urine collection.

TEST REPORT & SUGGESTIONS

Digital lab test report issued via SMS and email 5 working days after the lab receives your sample

HPV Detected : Follow-up doctor consultation is recommended. INDICAID specialists will also be in touch to offer you assistance.

HPV Not Detected : Routine HPV screening tests for cervical cancer should be done.